## RICHMOND AGITATION-SEDATION SCALE (RASS)

### Scale  | Label              | Description                                                                 |
---     |--------------------|-----------------------------------------------------------------------------|
+4      | COMBATIVE          | Combative, violent, immediate danger to staff                               |
+3      | VERY AGITATED      | Pulls to remove tubes or catheters; aggressive                               |
+2      | AGITATED           | Frequent non-purposeful movement, fights ventilator                          |
+1      | RESTLESS           | Anxious, apprehensive, movements not aggressive                              |
0       | ALERT & CALM       | Spontaneously pays attention to caregiver                                    |
-1      | DROWSY             | Not fully alert, but has sustained awakening to voice (eye opening & contact >10 sec) |
-2      | LIGHT SEDATION     | Briefly awakens to voice (eyes open & contact <10 sec)                       |
-3      | MODERATE SEDATION  | Movement or eye opening to voice (no eye contact)                            |
-4      | DEEP SEDATION      | No response to voice, but movement or eye opening to physical stimulation    |
-5      | UNAROUSABLE        | No response to voice or physical stimulation                                |

If RASS is $\geq$ -3 proceed to CAM-ICU (Is patient CAM-ICU positive or negative?)

If RASS is -4 or -5 $\rightarrow$ STOP (patient unconscious), RECHECK later

Ely, et al., JAMA 2003; 286, 2983-2991