



New York State Partnership for Patients



Bedside Safety Initiatives
Adverse Drug Events

NYSPFP Advancing Patient Safety through Opioid Stewardship October 18, 2019

Greater New York Hospital Association Conference Center
555 W 57th St, 15th Floor
New York, NY 10019

Live streaming sites:
Western New York Hospital Association - Larkin Building 8th floor
726 Exchange Street
Suite 1006
Buffalo, NY 14210

Healthcare Association of NYS - George Allen Room
1 Empire Drive
Rensselaer, NY 12144

St Joseph's Home Care - Conference Room A
7246 Janus Park Drive
Liverpool, NY 13088

Matrix Corporate Center - Conference/Media Room
1393 Veterans Memorial Highway
Hauppauge, NY 11788

9:00 am – 4:00 pm

This educational activity is jointly provided by AXIS Medical Education and Healthcare Association of New York State (HANYYS) in collaboration with the Healthcare Educational and Research Fund (HERF)

Target Audience: NYSPFP encourages hospital medication safety teams, including physicians, nurses, pharmacists, and quality improvement specialists, to join other hospital teams at this conference.

Overview: A conference on establishing or enhancing a hospital-driven opioid stewardship program focused on seven key fundamental action areas from the National Quality Forum's *National Quality Partners (NQP) Playbook™: Opioid Stewardship*. Participants will learn about strategies to advance opioid stewardship and pain management practices to improve patient safety and outcomes. All hospital teams that attend will receive a copy of *NQP Playbook™: Opioid Stewardship* and information on how to download two additional copies. Please note that

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each copy of the *NQP Playbook™: Opioid Stewardship* is intended for individual use. Individual copies should not be distributed within an organization.

Learning Objectives:

- Identify practical strategies, tools, and resources to address common barriers to opioid stewardship
- Evaluate the role of leadership, policies, and communication in implementing or strengthening an opioid stewardship program
- Assess effective pain management strategies, including appropriate use of opioids, pharmacologic and non-pharmacologic alternatives to opioids, and multimodal pain management strategies
- Explore innovative measurement strategies to track, monitor, and improve opioid stewardship and related patient outcomes
- Recognize opportunities to collaborate within and outside of the healthcare system to support pain management effectiveness and to improve patient outcomes
- Identify actionable strategies and create an action plan to implement the strategies

Agenda:

8:30 a.m. Participant Check-In and Networking

9:00 a.m. Agenda, Objectives, and Introductions
Led by Lynette Mancuso and Jon Salzman

9:30 a.m. Partnering with Patients and Caregivers
Introduced by NYSPFP, play Travis Rieder TED talk, Presentation by Dr. Seth Waldman

Objectives:

1. Recognize the patient perspective of pain management and opioid use;
2. Describe how to talk about opioid use to minimize stigma and inspire compassion and action from patients, caregivers, clinicians, and organizational leaders;
3. Identify how to incorporate shared decision making into pain management care planning; and,
4. Describe elements of a person-centered approach to conversations about opioid use.

10:00 am Creating a Culture of Opioid Stewardship
Led by Dr. Seth Waldman

Objectives:

1. Describe how to create a culture of safety and quality around opioid prescribing through leadership and organizational policies;
2. Create and utilize policies to support practice change and opioid stewardship; and,
3. Describe how effective communication can promote a culture of opioid stewardship and patient safety.

10:45 am Break

11:00 am The Prescription for Safety

Led by Dr. Carol Forster

Objectives:

1. Review existing national guidelines on opioid prescribing, including appropriate indications for opioids;
2. Describe best practices for pain management, including multi-modal pain management opportunities;
3. Discuss pharmacologic and non-pharmacologic alternatives to opioid use for pain management; and,
4. Identify methods to support implementation of best practices across systems of care.

12:05 pm Lunch

60-minute lunch. NYSPFP will provide participants with a list of local lunch options.

1:05 pm Tracking, Monitoring, and Reporting on Pain Management and Opioid Prescribing

Led by Dr. Carol Forster

Objectives:

1. Explain how measurement can drive best practices for opioid prescribing and improve quality and safety;
2. Recognize challenges to using measurement to improve care and prescribing practices;
3. Summarize how hospitals can measure opioid prescribing patterns and provide feedback to physicians to encourage practice change and promote accountability;
4. Describe how a prescription drug monitoring programs (PDMP) can track and monitor opioid use across populations and settings to support patient safety; and,
5. Use measurement to identify high-risk patients who may benefit from additional outreach and support across the continuum of care.

1:50 pm Applying New Knowledge: Case Study

Led by Dr. Seth Waldman

Objectives:

1. Apply new knowledge on leadership, organizational polices, patient engagement, clinical knowledge, measurement, and accountability to a real-life case study on opioid prescribing and organizational change;
2. Identify how leadership, organizational policies, and patient engagement can support the implementation and advancement of opioid stewardship initiatives; and,
3. Illustrate how measuring opioid prescribing can support the advancement of clinical knowledge, practice change, and accountability.

2:25 pm Afternoon Break

- 2:40 pm** **Enhancing Patient Safety and Experience through Community Collaboration**
Speaker Pending: Non-certified session
Objectives:
1. Demonstrate how to create and sustain effective relationships between multiple organizations in a community to coordinate safe, patient-centered care;
 2. Identify the key types of organizations within and outside of healthcare that can support a hospital's opioid stewardship efforts;
 3. Identify best practices for warm hand-offs and care transitions; and,
 4. Identify local organizations and initiatives to support medication-assisted therapy for the treatment of individuals with opioid use disorder.
- 3:10 pm** **Action Planning**
Led by NYSPFP staff/Faculty members
Objectives:
1. Recognize key opportunities for action to implement, or strengthen, opioid stewardship initiative at the participant's own hospital; and
 2. Recognize how multidisciplinary teams can support opioid stewardship initiatives and identify roles for various team members in advancing opioid stewardship efforts.
- 3:45 pm** **Closing Activity**
Led by Lynette Mancuso and Jon Salman
- 4:00 pm** **Adjourn**

Faculty:

Dr. Carol Forster, MD, attended St. John's University College of Pharmacy and then Medical School at the State University of New York at Buffalo. Working as a pharmacist throughout medical school, she joined the Permanente Medical Group in 1988 and practiced as a primary care physician in the Mid-Atlantic Southern California regions with Kaiser Permanente.

Her administrative roles included Medical Center Quality Improvement Chair, Utilization Management Director, Physician Chair of the Pharmacy & Therapeutics Committee and Chair of the Medication Safety Committee. She was invited to be the Managed Care representative for the Virginia Governor's Task Force on Opioid and Heroin Use in 2015 and was co-Chair of the Subcommittee on Data and Monitoring during her term on the Task Force. One of the highlights of her career was being asked to give expert testimony before the Senate Hearing on Veteran's Affairs in March 2015 concerning *Opioid Prescription Policy, Practice and Procedures* (114th Congress, first session), representing Health Systems.

Another highlight in her career was being asked to serve as a speaker/panel member at the Clinton Foundation/Johns Hopkins University Bloomberg School of Public Health Forum on *America's Opioid Epidemic: From Evidence to Impact*, in 2017. From 2017-2018, she actively participated as a member of the National Quality Forum / National Quality Partners' Opioid Action Team, which led to the development of the *National Quality Partners Playbook™: Opioid Stewardship*. She was asked to give the primary lecture in an educational series on Opioid

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Stewardship for the Quality Institute of the New Jersey Hospital Association. As a speaker at the 2019 National Rx Drug Abuse & Heroin Summit, she presented her work related to reducing opioid utilization by up to 78% since 2012 in the Kaiser Permanente Mid-Atlantic Region as leader of the Regional Chronic Pain Board and co-developer of the Comprehensive Chronic Pain Management Program.

As the MAPMG Physician Director of Pharmacy and Therapeutics and Medication Safety for almost 30 years, she successfully managed overall drug utilization while continually educating clinicians regarding appropriate prescribing and detection of prescription fraud and misuse, always stressing the importance of medication safety. As Executive Director of Med Pharm Consulting, PLLC, Dr. Forster is now a consultant and subject matter expert working with various health and law enforcement agencies/institutions to educate and raise awareness of healthcare professionals and the public on matters of drug safety, the opioid crisis, and appropriate prescribing.

Dr. Seth Waldman is an anesthesiologist and the Director of the Division of Pain Management, the Advisor on Opioid Prescribing Practices and the Chairman of the Controlled Substances Task Force at Hospital for Special Surgery in New York. He is a Clinical Assistant Professor of Anesthesiology and Pain Management at Weill Medical College of Cornell University and was one of the founding faculty members of their Tri-institutional Pain Management Fellowship. Dr. Waldman is a Master's candidate in the Department of Bioethics at Columbia University and a physician consultant to the Drug Enforcement Administration and the United States Department of Justice.

Dr. Waldman is a graduate of the six-year accelerated biomedical education program at Union University and the Albany Medical College. Following graduate school, he was a resident in general surgery and internal medicine at Mount Sinai Medical School - Beth Israel Medical Center in New York. His specialty training in anesthesiology was completed at the Harvard Medical School - Beth Israel Hospital, where he was chosen as Chief Resident in Anesthesiology and Critical Care during his senior year. Dr. Waldman then remained at Harvard for additional fellowship training in pain management, completed at Massachusetts General Hospital and Beth Israel Hospital.

CONTINUING EDUCATION Accreditation Statement



JOINTLY ACCREDITED PROVIDER®
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by AXIS Medical Education and Healthcare Association of New York State (HANYYS). AXIS Medical Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



This activity was planned by and for the healthcare team, and learners will receive 4.0 Interprofessional Continuing Education (IPCE) credit for learning and change.

Credit Designation for Physicians

AXIS Medical Education designates this live activity for a maximum of 4.0 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Credit Designation for Pharmacists

This application-based activity is approved for 4.0 contact hours of continuing pharmacy education credit JA4008106-9999-19-067-L01-P.

Credit Designation for Nursing

AXIS Medical Education designates this continuing nursing education activity for 4.0 contact hours.

Learners are advised that accredited status does not imply endorsement by the provider or ANCC of any commercial products displayed in conjunction with an activity.

Quality Professionals

This program has been approved by the National Association for Healthcare Quality for a maximum of 4.0 CPHQ continuing education credits for this event.

AXIS Contact Information

For information about the accreditation of this program, please contact AXIS at info@axismeded.org.

Disclosure of Conflicts of Interest

AXIS Medical Education requires instructors, planners, managers and other individuals and their spouse/life partner who are in a position to control the content of this activity to disclose any real or apparent conflict of interest they may have as related to the content of this activity. All identified conflicts of interest are thoroughly vetted by AXIS for fair balance, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations.

The **faculty**, Carol Forster, MD, and Seth Waldman, MD, reported no financial relationships or relationships they or their spouse/life partner have with commercial interests related to the content of this continuing education activity.

The **planners and managers**, Jon Salman, Lynette Mancuso, Christopher Guyon, Ronny Viggiani, MD, Dee Morgillo, MEd, MT(ASCP), CHCP, and Holly M. Hampe, DSc, RN, MHA, MRM reported no financial relationships or relationships they or their spouse/life partner have with commercial interests related to the content of this continuing education activity.

Disclaimer

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed in this activity should not be used by clinicians without evaluation of patient conditions and possible contraindications or dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.

Americans with Disabilities Act

In compliance with the Americans with Disabilities Act, we will make every reasonable effort to accommodate your request. For any special requests, please contact HERF (Healthcare Educational and Research Fund) at 518-431-7867 or learning@hanys.org before the meeting dates.

Requirements for credit:

Attend/participate in this educational activity and review all course materials.

- The CME/CE Attestation portal will activate at the conclusion of the conference.
- Complete the CE Attestation form online by 11:59 pm ET November 18, 2019. Instructions will be provided. If you do not enter the online portal by the above date, you will not be able to retrieve your statement of participation.
- Upon successful completion of the online form, your statement of completion will be presented to you to print. For pharmacists, your record will be automatically loaded to CPENMonitor.